

Learning about social thinking

Skill Area(s):
 Conversation Skills
 Nonverbal Language
 Perspective Taking

Level: advanced

Goal: Improve effective communication and problem solving

Materials needed: Worksheet- Learning about social thinking and how it relates to you! Pgs. 18-21 From Inside Out Michelle Garcia Winner

Activity: This worksheet is for advanced students using the I LAUGH concept from the book Inside Out. The I LAUGH approach takes six aspects of higher order thinking and explores how each one contributes to effective communication and problem solving. It is used as a self-analysis to help students relate some of their strengths and weaknesses. The categories are:

I= Initiation

L= Listening with eyes and brain

A=Abstract and Inferential

U= Understanding Perspective

G= Gestalt Processing-getting the big picture

H= Humor

Students fill out the worksheet and then discuss strengths and weaknesses. Activities in both the book Inside Out are designed to work on these 6 areas.

Name _____ Date _____

Learning About Social Thinking and How it Relates to You!

We are working on:

1. Communicative effectiveness
2. Personal problem solving

To be successful at these requires you to understand each of the components listed below. After reading about each component, write some comments about how you see yourself performing with regard to these concepts.

a. Taking Perspective

This is the ability to think about your own and others' ideas and thoughts.

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b. Taking Initiative

This is the ability to start something new, whether it be a specific task or a conversation.

c. Being a Good Listener: This is the ability to concentrate on what other people are talking about, even when it is not of great interest to you.

d. Being able to Abstract and Infer:

This is the ability to figure out what people are talking about when it is not clearly stated.

e. Gestalt: Seeing the "big picture"-This is the ability to make a bigger sense out of the little things you have to deal with. For example, how do all the smaller pieces of information you read in a story connect to one big theme? What is the theme?

Chapter 1: The I LAUGH APPROACH

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List 5 things that you do really well:

Given the above review of the information, which of the above components give you the most trouble?

Which would you like to work on first?

Which, do you think, are the easiest for you?

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