

Thinking about you game

Skill Area(s):

Feelings/Emotions
 Conversation Skills
 Perspective Taking
 Behavior Stress

Level: beginning, intermediate, advanced

Goal: Students learn to play cooperatively, work on taking turns, paying attention to others

Materials needed: Book- Fair Play (Leaf 1939), thinking about you cards and just me cards. Book- Thinking about you thinking about me- Michelle Garcia Winner pgs. 26-28

Activity: Start out by reading the book or if you can't find it, talking to the group about what it would be like if they were all by themselves, no people, clothes, toys etc.

- The students are each given a card, all but one says thinking about you! Play as a group. One card says just me, play by yourself.
- All of the students who get thinking about you card pick something to play cooperatively. This might be playing with a ball or crawling through a tunnel.
- The student who gets the just me card can pick anything else in the room to play with as long as he/she doesn't play or look towards the other students.
- After a few minutes bring the group back together and re-distribute the cards so that another student gets the just me card. Continue until everyone in the group has had the just me card.
- Talk to the group about the different cards, how it felt to be in the group as opposed to just me.

