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| Skill Area(s): Feelings/Emotions Perspective Taking |
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Mirror Mirror What Face Do I See

Level: beginner, intermediate, advanced

Goal: recognizing and making different facial expressions associated with emotions

Materials needed: digital camera, mirrors, Emotions and Facial Expressions handouts from Navigation the Social World – pgs 83 & 84(attached)

Activity:

- Assign students to a partner
- Give each student a copy of the handouts and a mirror to use
- Discuss and model how the eyebrows, nose, eyes, mouth etc. change for different
- Go through each general emotion on the left side and have students make that expression in their mirror
- Tell students to look at the happy, sad and angry faces (these are the easier ones to start with) and have partner A choose a face in that row. Partner A uses the mirror and makes that face and partner B examines the facial features and guesses the emotion.
- Use the handouts as a resource for students to refer to when discussing emotions/feelings.
- Students could keep a copy in their desk

Follow up suggestions:

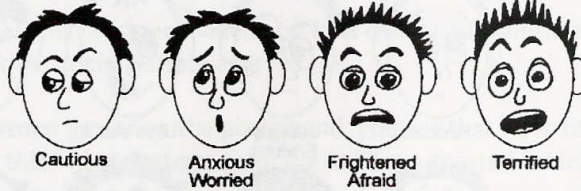
See other Facial Expression activities:

- Facial Expressions 1, 2, 3

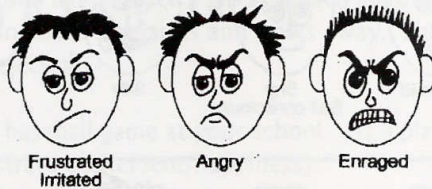
Student Handout

Emotions and Facial Expressions

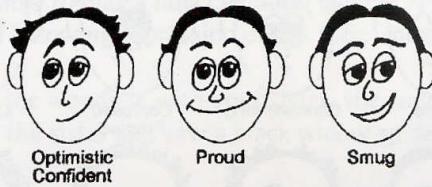
Afraid



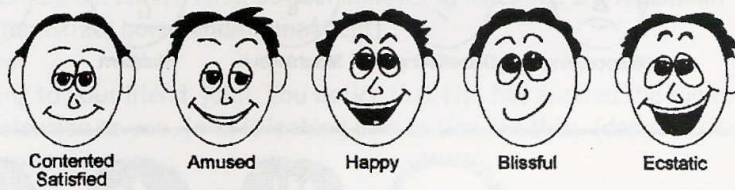
Angry



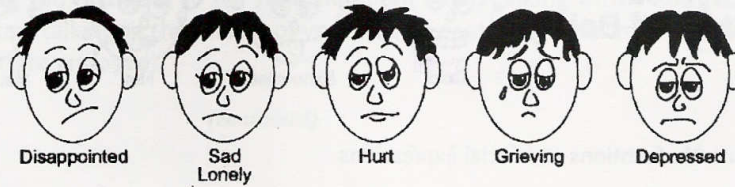
Confident



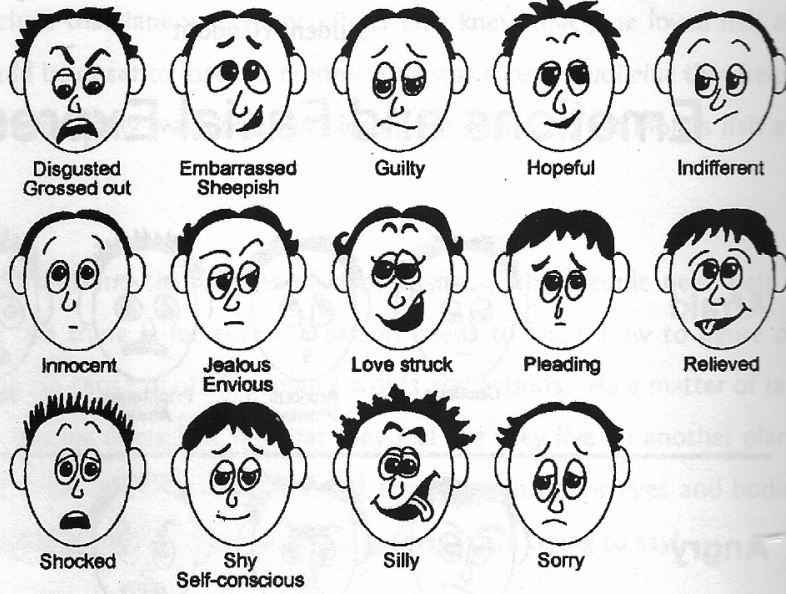
Happy



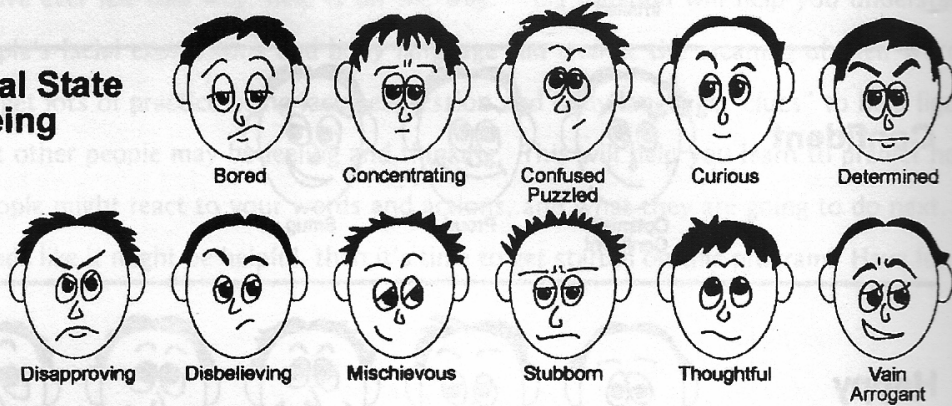
Sad



Misc. Emotions



Mental State of Being



Physical State of Being

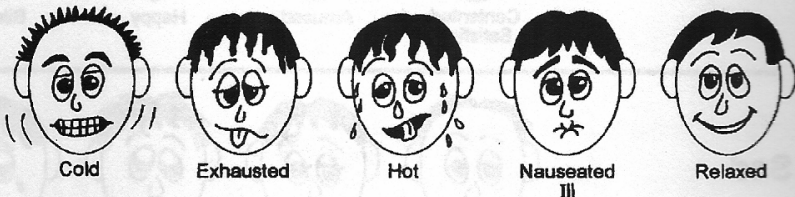


Figure 8b. Emotions and Facial Expressions

(From *Navigating the Social World*, Program 8.)
 Graphics and layout by Dane Wilson. Artwork by Donna Burton.