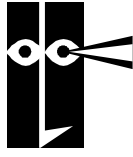


Skill Area(s): Perspective Taking

The Eye Game



From Michelle Winner Garcia's conference and based on her books Thinking about YOU Thinking about ME and Inside Out: What Makes a Person with Social Cognitive Deficits Tick?
<http://www.socialthinking.com>

Level: beginner, intermediate, advanced

Goal: to consider the point of view and motives of another person

Materials needed: your eyes, any items in the room, personal/family photographs (optional)

Activity:

Part One:

- One person stares at something or someone and states, "What am I looking at?" The rule is you can't be tricky and pick a tiny fly speck on the wall!
- The other people check out where the eyes are focused and make guesses. (some students may need to reposition themselves to observe the correct site line)
- If the guesses are way off remind students to check which angle/direction the eyes are facing- up, down, above/below a certain pint, etc. encourage them to "look" at the other person's eyes to really get the correct perspective
- Usually someone can figure out what the eyes have focused on. If not- ask the person to give a clue- color, above/below the ____.
- Take turns.



Part Two:

- This really starts to get the students to think about someone else's perspectives
- One person stares at something or someone and states, "What am I thinking about?" Again don't try to be tricky and pick a tiny fly speck on the wall! (This is where you could look at your personal photos)
- The other people check out where the eyes are focused and state what/who is being stared at.
- **Then** they need to make guesses about what that person might be thinking about that that thing/person. This could be many ideas. Remind those guessing to think about what they know about the person doing the staring and what they know about the object being stared at.
- Ask the person to talk about what they were really thinking about at the end.
- This is not about right vs. wrong answers but what would be good guesses with the information that you already know about the person, etc.
- **Example:** Staring at the clock- Guesses might include: what time it is, is it lunch time, 10 more minutes until dismissal time, etc.
- **Example:** Staring at a person- Guesses might include: I wonder if she will play with me at recess. I like his new haircut. Etc.

Follow up suggestions:

Use this idea with photos or pictures from the internet, magazines or commercially made products. This is a great cue to use to help keep group members focused- "We are thinking about the group now."

Social Skills Activities ~ 2004 Summer Writing
 Liz Stock (OT), Mandy Shearer (SLP) and Cindy Meester (SLP)