

Skill Area(s):
 Nonverbal Language
 Conversation
 Feelings/Emotions

Personality Pie

(Utah Lesson Plans http://my.uen.org/myuen/MyUen?service=process_public&teacher_id=5104)

Level: intermediate, advanced (could be modified for beginner by having pie divided into 4 pieces, and using a simpler list of personality traits and characteristics)

Topic: Personalities are like a pie; it takes many pieces and ingredients to make a whole pie

Goal: Students will improve their communication skills and friendship qualities.

Materials needed: handouts Personality Traits and Characteristics, Perfect Personality Pie

Activity:

- Explain to the students that one of the most important ingredients for success in relationships, achievements, and happiness is one's personality. One's personality is another part of the magic that makes things happen with little efforts.
- Using the handout that lists personality traits and characteristics, have the students choose the traits they think make up the perfect personality or the personality he/she would like to have. (The teacher may need to briefly review some of the traits.)
- When the students have made their selections they can write their personality traits in the outer circle around the edge of their pies. If they think one trait is a lot more important than another, that trait can take up two parts of the pie. Using colored pencils or felt-tip markers; let the students color in their pie sections.
- As the student complete the activity, explain how personalities are similar to a pie—one or two pieces (personality traits) do not make a complete pie (complete personality), but when there are many pieces (personality traits), the pie is complete (and the personality is more enjoyable).

The teacher may have the students explain why they chose each personality trait around the edge of the pie.

NOTE: the teacher should have an example of a Personality Pie ready to show to the students before they begin.

Follow up suggestions:

- Use fun books that deal with personality traits such as; Willie the Wisher and other Thinking Stories (ISBN: 0812602013- may find used from a bookstore on-line or your SLP may have a copy),
- Rate your teachers- in a nice way! What do you know about each teacher and what their personality allows and doesn't allow in class? This is getting into their unwritten rules- might be a good activity to do with peer models (neuro-typical peers) to find out what these rules are

PERSONALITY TRAITS AND CHARACTERISTICS

Creative	Independent	Intelligent
Understanding	Persuasive	Helpful
Adventurous	Careful	Strong
Mechanical	Imaginative	Shy
Organized	Sympathetic	Excitable
Studious	Communicative	Tolerant
Sociable	Precise	Compassionate
Nonconforming	Rational	Logical
Adaptable	Thoughtful	Competitive
Patient	Critical	Quiet
Inquisitive	Philosophical	Talkative
Diplomatic	Idealistic	Sincere
Cooperative	Methodical	Friendly
Responsible	Ambitious	Cheerful
Generous	Honest	Courageous
Dependable	Cooperative	Easy Going
Confident	Humorous	Enthusiastic

Name _____ Date _____ Score _____

PERFECT PERSONALITY PIE

