Sad Sam and Blue Sue

Skill Area(s): Feelings/Emotions

Level: beginner **Goal:** Students are able to explain what feeling sad and glad mean **Materials needed:** Book- <u>Sad Sam and Blue Sue</u> part of an Early-Literacy Curriculum, paper, pencils, crayons and/or markers

Activity: This book is very easy to read and would be best used by very young children.

- \rightarrow Students read the book together and talk about vocabulary words like sad and glad.
- \rightarrow Ask students to explain a time when they were sad and glad.
- \rightarrow Talk about other words for sad and glad.
- → Have students draw a picture or write a sentence about a time when they were sad and a time they were glad.
- → Give students a handout with different faces and see if they can pick out the faces that would fit with sad and glad.

Follow up: Other books that are about the same topic and the same level are: <u>Happy, Sad, Mad & Glad</u>- Disney. With this interactive board book, young readers can match the appropriate face to the appropriate emotion by turning the built-in wheel. Glad Monster, Sad Monster: A Book About Feelings by Anne Miranda

> Social Skills Activities ~ 2004 Summer Writing Liz Stock (OT), Mandy Shearer (SLP) and Cindy Meester (SLP)