

Show You Understand

Skill Area(s):
Feelings/Emotions
Perspective Taking

Level: beginner, intermediate

Goal: Students are able to explain and what caring and compassion mean and are able to use skill

Materials needed: Book-Show You Understand by Regina Burch from the Character Education series, brown and green construction paper, scissors, chart paper, flower and leaf cutouts, tape

Activity: Students read the book together and talk about vocabulary words like compassion and caring.

- ❖ Ask each member of the group to talk about a time when they showed caring to someone else and/or when someone was caring to them.
- ❖ Role play the activities on each page and practice showing caring.
- ❖ Group members make a large tree out of construction paper. Hang it somewhere in the room. Members can write or draw acts of caring on leaves/flowers and hand on the tree.
- ❖ Through out the year, members can add to the tree when they see someone showing an act of kindness.
- ❖ Other books that could be used to show compassion are The Brand New Kid-by Katherine Couric, Horton hears a Who- by Dr. Seuss, and the Rainbow Fish-by Martin Pfister

Follow up: There is a coordinating CD or cassette that goes with each book in the character education series. This has not been previewed by the group but should be available through the Creative Teaching Press.