

Use Your Noodle Activity 1 (Working in pairs)



Noodle Expectations:

- 1. Noodles are tools not weapons
- 2. Noodles are held in our hands quietly while waiting

Today you will **work in pairs**. You need to decide these things:

- 1. Who will be partners?
- 2. How can you decide?

Each pair will need a **small noodle**. You need to decide these things:

- 1. Who will be in front?
- 2. Who will give directions?

Activity 1:

- 1. Person in front puts noodle on their back
- 2. Person in back puts noodle on their chest
- 3. You cannot use your hands to hold up the noodle
- 4. Walk down the hallway until the noodle falls or you touch it then STOP

Data:

1. How far did you make it on (count each line from the a b c	e starting point) – Try this 3 ti	mes
2. Did you give directions in a polite tone of voice?	YES NO	
3. Did you calmly listen to your partner?	YES NO	
4. Was your brain in the group the whole time?	YES NO	

- Do this without talking.
- Video tape and review to talk about expected and unexpected behaviors
- Try doing this with both people walking backwards
- Have one walk backward and one forward
- Look up more fun Noodle activities from: 50 Ways to Use Your Noodle by: Chris Cavert & Sam Sikes



Use Your Noodle Activity



(Working in a group of 4)

Noodle Expectations:

- 1. Noodles are tools not weapons
- 2. Noodles are held in our hands while waiting

Today you will work in a **group of 4**. You need to decide these things:

- 1. Who will be first, second, third and last?
- 2. How can you decide?

Each pair will need **small noodles**. You need to decide these things:

- 1. How many noodles do you need?
- 2. Who will give directions?

Activity 2:

- 1. Person in front puts noodle on their back
- 2. Person in back puts noodle on their chest
- 3. You cannot use your hands to hold up the noodle
- 4. Walk down the hallway until the noodle falls or you touch it then STOP

Data:

1. How far did you make it on (count each line from the a b c	e starting p	oint) – Try this 3 times
2. Did you give directions in a polite tone of voice?	YES	NO
3. Did you calmly listen to each other?	YES	NO
4. Was your brain in the group the whole time?	YES	NO

- Do this without talking.
- Video tape and review to talk about expected and unexpected behaviors
- Have everyone walking backwards
- Have one walk backward and one forward etc.
- Look up more fun Noodle activities from: <u>50 Ways to Use Your Noodle</u> by: Chris Cavert & Sam Sikes



Use Your Noodle Activity 3



(Working in pairs)

Noodle Expectations:

- 1. Noodles are tools not weapons
- 2. Noodles are held in our hands while waiting

Today you will **work in pairs**. You need to decide these things:

- 1. Who will be partners?
- 2. How can you decide?

Each pair will need a **long noodle**. You need to decide these things:

- 1. Who will be in front?
- 2. Who will give directions?

Activity 3:

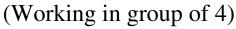
- 1. Person in front puts noodle on their back
- 2. Person in back puts noodle on their chest
- 3. You cannot use your hands to hold up the noodle
- 4. Walk down the hallway until the noodle falls or you touch it then STOP

Data: How far did you make it on (count each line from the starting point) – Try this 3 times a.______ b.____ c.___ Did you give directions in a polite tone of voice? YES NO Did you calmly listen to each other? YES NO Was your brain in the group the whole time? YES NO

- Do this without talking.
- Video tape and review to talk about expected and unexpected behaviors
- Try doing this with both people walking backwards
- Have one walk backward and one forward etc.
- Look up more fun Noodle activities from: <u>50 Ways to Use Your Noodle</u> by: Chris Cavert & Sam Sikes



Use Your Noodle Activity 4





Noodle Expectations:

- 1. Noodles are tools not weapons
- 2. Noodles are held in our hands while waiting

Today you will work in a **group of 4**. You need to decide these things:

- 1. Who will be first, second, third and last?
- 2. How can you decide?

Each pair will need a **long noodle**. You need to decide these things:

- 1. How many noodles do you need?
- 2. Who will give directions?

Activity 4:

<u>Data:</u> I. How far did you make it on (count each line from t	the starting p	oint) – Try	this 3 tim	es
a b c	21	,		
2. Did you give directions in a polite tone of voice?	YES	NO		
3. Did you calmly listen to each other?	YES	NO		
4. Was your brain in the group the whole time?	YES	NO		

- Do this without talking.
- Video tape and review to talk about expected and unexpected behaviors
- Have everyone walking backwards
- Have one walk backward and one forward etc.
- Look up more fun Noodle activities from: <u>50 Ways to Use Your Noodle</u> by: Chris Cavert & Sam Sikes